

# 150,000 Calls for California Prisoners!

In July and September of 2011, thousands of prisoners in 13 of California's state prisons joined in solidarity across boundaries of race & geography to protest the torturous conditions in Security Housing Units (SHU) by going on hunger strike.




## CA Hunger Strike: 5 Core Demands

1. End Group Punishment & Administrative Abuse
2. Abolish the Debriefing Policy & Modify Active/Inactive Gang Status Criteria
3. End Long-term solitary confinement
4. Provide Adequate & Nutritious Food
5. Expand & Provide Constructive Programming for Indefinite SHU Prisoners

## Join the National Occupy Day in Solidarity With Prisoners!

[www.occupy4prisoners.org](http://www.occupy4prisoners.org)

Local Actions at:



San Quentin  
State Prison  
and Downtown  
Oakland

## Join the Struggle!

Call, write, email, fax your representatives in Sacramento.

### Sample Script\*:

"Hi, I'm calling in strong support of the CA Hunger Strike that swept across CA's prisons in 2011.

I urge you to:

- Visit Security Housing Units (SHUs) and Administrative Segregation Units (Ad-Seg) and speak to prisoners who participated in the hunger strike;
- Attend any informational meetings about prison conditions and the hunger strike where the Prisoner Hunger Strike Solidarity Coalition may be presenting;
- Hold the CDCR to its commitment to the hunger strikers by revising the regulations in a meaningful way;
- Demand that CDCR treat the prisoners as stakeholders in its process to develop these regulations;
- Vote for the repeal of the prison media ban (AB 1270). Thank You."

\*More sample scripts & open letters available at:

[www.prisonerhungerstrikesolidarity.wordpress.com](http://www.prisonerhungerstrikesolidarity.wordpress.com)

## How to find your representative:

<http://www.leginfo.ca.gov/yourleg.html>

## What is the SHU?

- California's maximum security units.
- Prisoners are kept in solitary confinement, many for decades.
- Cells 6 x 10 ft, windowless.
- No human physical contact, work or communal activities.
  - Exercise is limited to 1 hour per day in a concrete yard.
- The SHU has been characterized as "inhumane and degrading" by the United Nations.
- Solitary confinement, even for brief periods of time, has been shown to cause or exacerbate serious mental health problems.

For more info & updates about the CA Hunger Strike visit:

[www.prisonerhungerstrike.wordpress.com](http://www.prisonerhungerstrike.wordpress.com)

Twitter: @CAHungerStrike